

5) Continue across this rough field with the hedge on your left. Go over the next stile and turn sharp left at the waymarker. Go down the slope to the Radnorshire Wildlife Trust's Reserve. At first the path is steep and slippery so take care.

By leaving the Reserve it is possible to cross Shakey Bridge on the left to visit 14th century Church of St Michael or the ruins of Cefnlllys Castle up on the hill. Across the road from the Reserve there is the picnic site.



photo by Laura Shepherd lens

6) Just within the Reserve gate is a stile to a steep field. Go half right up the slope to a stile onto a road. Turn right up the hill and when this road swings left, go straight on downhill towards a bungalow.

7) Go past the bungalow and continue on the winding country road for half a mile. Go past a modern house and some sheep pens and turn right on to a Green Lane. Follow this and when it forks keep to the right. Stay on the lane and when it comes out on to open ground, bear right downhill to a junction of three tracks. Turn left to Trelowgoed Farm.



8) At the farm yard pass the Farmhouse on your right, and go through the first field gate beyond the house to the field in front of the Farmhouse. Go half left down a field to a tree just inside the field boundary: behind the tree is a stile with steps leading down to a stream. Cross the stream and continue with it on the right for 100m. Then go over a stile which is visible to the left and up the field bearing right towards the trees and through a gate.

9) Continue ahead and climb a stile on to a farm track. Cross the track and keeping to the higher ground go ahead to the next stile; now down the slope to a stile and across the field with the river to the right. In the far corner of the field is a stile leading to steps which go up to the main road almost opposite to Llanbadarn Church. Turn right on the walkway and right again to the lay-by where you started.

For refreshments and toilets there is cafe in Crossgates - about half a mile north wards up the A483, turn towards Hereford.

Enjoy your walk. There are other leaflets in the TIC Mwynheuwch eich tro. Yn CGT yw dalennau erail

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LLANDRINDOD WELLS TOWN COUNCIL CYNGOR DRE LLANDRINDOD

Welcome to our selfguided walk leaflets
on public rights of way

Croeso i'r dalennau cerdded hunan
arweinig ar llwybrau cyhoeddus



Walk no 6: Between 2 Bridges OS Explorer Map 200

This circular walk does not start at Llandrindod Lake. It is 8k (5 miles) or 4k long, is a fairly low level walk, but there are two steep climbs; and takes in woods, rivers, and a nature reserve. Two medieval churches and a castle site can be visited by short detours. Half way round is Shaky Bridge Picnic Site and car park easily accessible from Town where you can take a break.

1) This walk starts and finishes near Llanbadarn Church which is about 5k from the Town Centre on the A483 going north towards Crossgates. Immediately after the road bridge over the Ithon River and before the Church gate on your left, turn right on to a minor road. There is parking space in a lay-by on the right.

It is possible to use public transport to reach the Church but check the bus timetables before starting out on 0871 200 2233 or www.traveline.cymru

2) Go down the minor road with the river on your right. After about 1k the road swings away from the river at Trelowgoed Mill. Carry on up the road for about 300m and just after a large shed, a bungalow and a field entrance on the right, go over a stile, half-hidden by trees.



Turn right towards the nearest power line pole and pick up a track to cross the river at Alpine Bridge. You can see how our Victorian forebears were reminded of bridges they remembered from holidays in the Alps!

3) From the Bridge go up a short rocky path and through one gate, turn left through a field gate and go downhill with the river now on your left. Following the track, go through a gate and turn sharp right at the next waymark post. Go up the bank and carry on up the field bearing slightly to the right. Go through the gate at the top of the field and continue on a grassy track. Keep on this track to a marker post at the junction of three paths.



4a) 4k walk: Carry on for 400m and after a zigzag turn right on to a farm track leading to Trelowgoed Farm. Now follow the directions from para 8.

4b) 8k walk: Turn left downhill with the hedge on your right and go through the gate at the bottom which leads to Dolbarcut Wood. Follow the path downhill and cross the stile onto an open ground. Turn half right and skirting any damp patches, cross the stile in the hedge ahead and make for a gap in the hedge in the left hand corner of the field. With the hedge on the left you will reach a stile out on to a Green Lane with a house named Glyn yr Afon on the left. Go over the stile opposite and aim for the first power line pole. At the hedge corner ahead turn half left and cross a stile.

Extract from OS Map Explorer 200 (Slightly off scale)

