5) With the TV Mast on your right head downhill for a small group of pine trees. Cross a stile, keep the pines on your left, continue downhill to the gate in the left hand corner of the field. Now go down to reach a stile and an ancient fingerpost. Climb over and turn left along the boundary until you reach a boggy area and a narrow wooden bridge to another stile. After the stile turn right around the edge of the field, cross a stile into the next field and up a slight slope to a stile at the top of the hill. Go right along the dry stone wall to the corner and turn left. Now go downhill following waymarkers and you will reach a hardcored farmtrack. You will see the Fronserth farmhouse through the trees. Cross the cattle grid and down the country road to the T-junction



- 6a) Turn right at the T-junction and passing the Church to the left you will reach the Bell Inn (SO 043623) to your right. From here you can get a bus to Llandrindod Town
- 6b) To reach the Town on foot, turn right and after 300m turn left and at the main road turn left to a tarmac path leading downhill alongside the road and over the Ithon River. Cross the road coming in .

from the left. (SO 054623).

7) Follow the road as it swings round past the cemetary on your left, fields, and the School to reach the red brick Victorian houses. Pass the Albert Hall and the Presbyterian Church on the right to reach the roundabout. Opposite is the Archway leading into Rock Park. Go down and at the bottom turn left up a gentle slope that follows the course of a stream until you go under a railway bridge. Now go right across the stream and up some steps. At the top of the steps continue in the same direction up the slope until the road goes left and leads down to the main road. Cross and go uphill. Cross a lane and enter a wooded area. The tarmacked path leads up to the Lake (SO 043606).



Unfortunately there are many non-dog friendly stiles on this walk.

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We hope you've had a pleasent walk There are other leaflets in the TIC Mwynheuwch y dro. Mae dalennau erail yn y CGT

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## LINEAR WALK No.2

Rhayader Clock to Llandrindod Wells

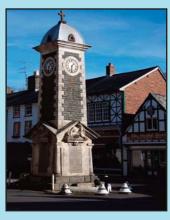


## LLANDRINDOD WELLS TOWN COUNCIL

## CYNGOR DRE LLANDRINDOD

Welcome to our self guided walking leaflets on public rights of way

Croeso i'r dalennau cerdded hunan arweinig ar llwybrau cyhoeddus



Rhayader Clock to Llandrindod Lake

OS map Explorer 200 is a useful aid Grid references are given for focal points

This is a 20k (12 mile) walk. Rhayader can be reached by public transport. Check timetables on www.traveline.cymru or Tel: 0871 2002 233.

1) Start from the Rhayader Clock Tower (SO 968678) and go towards the Elan Valley. After about 250m turn left down Water Lane.



To the right of the Rugby Club grounds you will see the Riverside Walk along the left bank of the River Wye. Continue downstream ignoring any paths to the left, until you reach a wooden footbridge across the deep channel of a narrow tributary. Immediately after, turn left up to the main road where you turn right and within 20m turn right again by a bungalow and walk back to the river. Turn left and follow the Wye until you reach the Sewage Works. Go round two sides of the Works and when the high metal fence turns left again continue straight ahead up the slope to the main road (SO 975677).

2) Take care crossing the road, then turn right and enter Dyffryn Woods on the left which is an RSPB Nature Reserve. Follow the track uphill keeping the small brook on your right and following the green topped marker posts which will lead you to a metal bridle gate leading out on to an open hill.



Keep to the well marked path going uphill close to the hedge line. Keep to the path when it turns right but when it goes left continue on a less defined path to a metal gate. Ignore the farm track after the gate and continue uphill to your left to an outcrop of rocks. The route goes between the rocks to a farm gate with a finger post. From here you can see the Beacon and a Cairn over to the right.

3) Do not go through this gate but turn left, cross the next stile and continue ahead on a farm track. When the track bears right go through the gate straight ahead and head for the next finger post. At the post turn half left and go downhill through the bracken (which may be shoulder high in the autumn) to a stile. Cross this stile and continue half right down hill to the next stile leading to a wood. Follow the direction arrow and turning slightly to the left, make your way past two groups of conifers and a pond, on the left. You can see a gate straight ahead but go up hill to firmer ground to reach it. (The OS map is slightly misleading and the going is hard.)

Once out of the wood follow the faint track over the slope ahead and then down hill to the hedge. At the hedge turn sharp right and follow the hedge on your left round until you see down the steep slope to a stile in the hedge opposite which leads onto a road (SO 998680).



4) Turn right and keep on the lane passing Upper Esgair Rhiw until you reach the junction with a lane to the right with a No Through Road sign. Take this lane and in about 0.5k the lane bears right but you go ahead onto a bridle path. Keep to this path, cross the Nant Glas Road (SO 006653) and with the Forestry to your left keep to the continuation of the path. Cross a small bridge and ignoring a Footpath sign to the right continue for 20m to a five bar gate into Forestry. Keep on the Forestry Track and you will reach an open space with a stream. Stay on the track to the left till you reach a Sign Post and the path goes uphill on to open ground, continue going uphill to the top with the TV mast (SO 019635) on your right.